

GECAC CORRY SENIOR CENTER

OCTOBER 2025 NEWSLETTER

25 FIRST AVENUE, CORRY, PA 16407 (814) 664-2477

OPEN TUESDAY—FRIDAY 9 A.M. TO 3 P.M.

Rachael Price, Senior Center Director

Valeri Raymond, Senior Center Assistant

DATES TO REMEMBER

- 2ND** RSVP LUNCHEON @Erie Yacht Club 11AM—2:00 PM See Rachael to sign up by Tues., 9/23
- 7TH** BIBLE STUDY @ 11:00 AM
- 10TH** CRAFT—Aromatherapy Cinnamon Pumpkin @ 10:30AM BIRTHDAYS
- 14TH** HEALTH DAY SPEAKER: Hands on CPR Experience & Preparing for a Disaster 10:30 AM— 11:30 AM
Blood Pressure Screening @ 11:30 AM
- 15TH** SPEAKER: SINGO (Song Bingo) @10:30 AM
- 21ST** FREE PIZZA PARTY Sign up by OCT. 15TH to reserve your personal pizza.
SPEAKER: HOSPICE Fact or Fiction @ 10:30 AM
BIBLE STUDY @ 12:30 AM
- 28TH** FREE PAINTING CLASS @ 1:00—3:00 PM
- 30TH** GECAC “60TH” CELEBRATION 5:00- 7:00 PM @ BAYFRONT CONVENTION CENTER \$60/PERSON SPEAKERS OPEN BAR
- 31ST** HALLOWEEN PARTY 50/50 LOTTERY TREE BASKET RAFFLE Music by DJ Brian Silvis



BIRTHDAYS

10-5	BOB STOWE
10-9	MARK DEBAISE
10-17	STEVE SVENTEK
10-25	KELLI MEERHOFF
10-31	JEANNE KREITZBENDER

JOIN US FOR BIRTHDAY CAKE !

**** UPCOMING DATES ****

- NOV 19** Thanksgiving Party
Reservations Due by WED., NOV 12TH
- DEC 10** Christmas Party
Reservations Due by FRI., DEC. 5TH




ALL PARTY RESERVATIONS ARE DUE BY THE DATE GIVEN FOR EACH PARTY!! NO EXCEPTIONS!!

REMEMBER TO VISIT YOUR LOCAL FARMER'S MARKET AND ENJOY THE BENEFITS OF THE PA FARMER'S MARKET NUTRITION VOUCHERS!!! THEY ARE SET TO EXPIRE NOVEMBER 30, 2025!!!



OCTOBER CALENDAR & MENU

MENU SUBJECT TO CHANGE

Tue	Wed	Thur	Fri
30 SAUSAGE SUB 9:00 CARDS	1 OX ROAST 9:00 CARDS 12:30 BINGO	2 TUNA SALAD 9:00 CARDS 11:00 EXERCISE 11:00—2:00 RSVP LUNCHEON @ Erie Yacht Club	3 STUFFED CABBAGE 9:00 CARDS 11:00 SPEAKER: ADAGIO 12:30 BINGO
7 GRILLED CHICKEN 9:00 CARDS 11:00 BIBLE STUDY	8 GOULASH 9:00 CARDS 12:30 BINGO	9 CHICKEN FETTUCCINI 9:00 CARDS 11:00 EXERCISE	10 TURKEY 9:00 CARDS 10:30 CRAFT : Aromatherapy Pumpkin 12:30 BINGO BIRTHDAY'S 
14 PORK ROAST 9:00 CARDS 10:30—11:30 Hands on CPR and Preparing for a Disaster 11:30 BP Screening	15 STUFFED CHICKEN 9:00 CARDS 10:30 SPEAKER: Singo (Song Bingo)	16 CHEESEBURGER 9:00 CARDS 11:00 EXERCISE	17 CHICKEN ala KING 9:00 CARDS 12:30 BINGO
21 PIZZA PARTY 9:00 CARDS 10:30 SPEAKER: Hospice Fact or Fiction 12:30 BIBLE STUDY 	22 MEATLOAF 9:00 CARDS 12:30 BINGO	23 CHICKEN & NOODLES 9:00 CARDS 11:00 EXERCISE	24 STUFFED PEPPERS 9:00 CARDS 12:30 BINGO
28 CHICKEN SALAD 9:00 CARDS 1:00—3:00 CRAFT: FREE Painting Class	29 SWEDISH MEATBALLS 9:00 CARDS 12:30 BINGO	30 HAM 9:00 CARDS 11:00 EXERCISE 5:00—7:00 GECAC "60TH" CELEBRATION @ Bayfront Convention Ctr \$60/person, Speakers, open bar	31 HALLOWEEN PARTY 50/50 RAFFLE BASKET LOTTERY TREE Music by DJ Brian Silvis 

COMMUNITY PHONE NUMBERS

GECAC AAA OFFICE: (814)459-4581

AAA TOLL FREE: (800)769-2436

AFTER HOURS (CRISIS LINE)

Day (814)451-4581 Ext 400

Evening (814) 451-1520

PACE-PACENET: (800)225-7223

ERIE CO VETERAN'S AFFAIRS:

(800)274-8387

SOCIAL SECURITY ADMIN:

(877)405-3543

AGENCY WEBSITE: www.gecac.org

PA AGING WEBSITE: www.aging.pa.gov

MONTHLY ACTIVITIES

LUNCH IS SERVED @ NOON FOR

SENIORS 60 YRS & OLDER.

MEALS ARE \$2.00 CONTRIBUTION

PLEASE MAKE YOUR MEAL
RESERVATIONS

2 WEEKS IN ADVANCE

PARTIES WILL BE \$5.00, UNLESS

STATED OTHERWISE

BINGO IS PLAYED ON WEDNESDAYS & FRI-
DAYS @ 12:30. We have LOTS OF FUN, so
come join us!!!

TAI CHI EXERCISE THURSDAYS!

Let's be healthy!

The GECAC Corry Senior Center, operated by Greater Erie Community Action Committee (GECAC), Area Agency on Aging, is funded in part by the Department Of Aging.



Dr. Benjamin Wilson, CEO



Ray Maholtz, AAA Division Manager

How do our contributions and fundraising dollars help our center?

Meal Contributions help to off-set the cost of the center meals. On average, the actual cost of the meal is over \$9.00. Meal contributions also help to maintain the building, maintain and/or replace a stove, a refrigerator or a freezer, if necessary. These dollars are vital to maintaining the Center and its daily operations.

Booster Contributions and Fundraising Dollars help to pay for our parties, entertainment, snacks and more. They also help to pay for programming opportunities, like exercise, craft classes, computer usage, and again, more. These dollars are vital to your programming options and enjoyment of the Center.

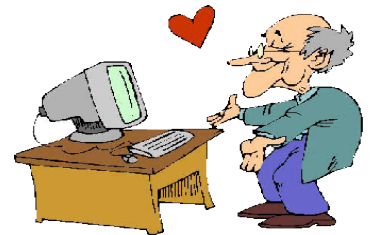
Contributions and Fundraisers are all voluntary; however, please continue to support your Center by whatever means you are able. The Centers and their services mean so much, to so many and your support goes a long way towards helping your Center continue to offer programming and services.



WI-FI is available FREE TO OUR SENIORS!!

Prior to using the WI-FI, members will need to sign the GECAC POLICY AGREEMENT .

Please see RACHAEL OR VALERI FOR ASSISTANCE



JOIN OUR FACEBOOK GROUP!!!

You can find us through the Group Search. Type in “**GECAC CORRY SR CTR**” and ask to join. There are a few questions to answer and you’ll need to agree to the Group rules, but it’s easy and it’s for your protection.

We will be posting our newsletters, upcoming events, weather updates and some other activities for you to be able to participate in at the Senior Center. Talk with other current and active members and perhaps meet some of the new members that have joined us.

GREAT RESOURCES:

GECAC has a website!! Check out www.gecac.org to see all that we do to help the community!

Pennsylvania 211:
Get Connected. Get Help.™



What is 211 used for in PA?

Every day, clients contact 211 to access **free and confidential information**. If you need to connect with resources in your community, but don't know where to look, PA 211 is a great place to start. From help with a utilities bill, to housing assistance, afterschool programs for kids, and more, **you can dial 211 or text your zip code to 898-211 to talk to a resource specialist**. Our specialists will listen to your needs, and give you information on programs in your community that might be able to help.

Visit www.pa211.org to explore programs available in your community by categories such as financial assistance, housing, and food.

LIHEAP: Need help with heating bills?

LIHEAP can help. Call 1(877) 443-2743

or visit www.LIHEAPhelps.com to sign up!

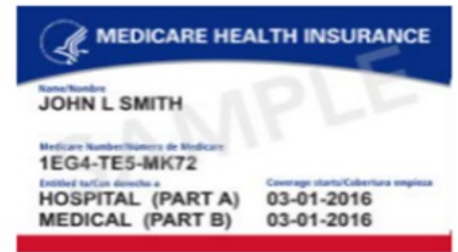


SNAP/EBT (food stamps) can make online purchases and have delivered to their home, as per attached and same information below.

Resources For Online SNAP Purchases

In Pennsylvania, residents who receive SNAP/EBT are now able to buy SNAP eligible foods and drinks online through Walmart and Amazon. These benefits can also be used to buy plants and seeds to grow food at home. This is a great way to get the food if you lived in a food desert or are unable to make it to the nearest grocery store.

MEDICARE MINUTE...



MEDICARE OPEN ENROLLMENT

The Medicare open enrollment period for 2026 will begin on October 7, 2025 and runs through Dec. 15, 2025. During this time, beneficiaries can review their current plans and make changes as needed. Key changes to Medicare in 2026 include new permanent benefits and adjustments to premiums for Part B and Part D. Additionally, the Centers for Medicare & Medicaid Services (CMS) will release further details regarding Part D plans and offerings as the enrollment period approaches. It's important to stay informed about these changes to make the best choices for your coverage.

**** Here are a few changes:**

The Part B premium will be \$206.50.

If you were already enrolled in the Medicare Prescription Payment Plan (MIPP), you will be automatically re-enrolled.

The cap on out-of-pocket prescription drug costs will be \$2,100.

Your Insulin costs will be capped annually.

Free Vaccines are now a permanent feature of your Part D Plan. Double check with your Part D plan just to be sure!

Review your Medicare plan annually

Every year, Medicare beneficiaries have at least one opportunity to change plans; you can join, switch, or drop a Medicare Advantage Plan or Medicare Part D drug plan, switch to Original Medicare, or keep your current coverage. And if you've reviewed your options and you're happy with your current coverage, you don't need to do anything!

FALL BUCKET LIST

Bestdayblogger.com

FALL DECORATIONS.
OPEN THE WINDOWS.
CLEAN THE HOME.
GO FOR A WALK.
WEAR COZY SWEATER.
LIGHT FALL CANDLE.
EAT PUMPKIN PIE.
READ A COZY BOOK.
WATCH A FALL FILM.
VISIT AN APPLE FARM.
MAKE S'MORES BY A FIRE.
BAKE: PIE, MUFFINS, PUMPKIN BREAD.
DRINK A HOT DRINK: CHAI LATTE, HOT
COCOA, HOT APPLE CIDER.
CREATE A NEW FALL RECIPE.
LISTEN TO FALL INSPIRED MUSIC.
MAKE CARAMEL APPLES & CARAMEL
POPCORN.
MAKE AUTUMN INSPIRED ART.
INFUSE FALL OILS.
USE SLOW COOKER.
WRITE A FALL POEM OR STORY.
CREATE A NEW FALL SELF CARE ROUTINE.
TAKE PHOTOS OF FALL.
JOURNAL
MAKE A FALL MOOD BOARD.
WRITE A LETTER TO A FRIEND.
PRESS FALL LEAVES.
CARVE PUMPKINS.
READ A SPOOKY STORY.
WEAR A COZY SCARF AND HAT.
WEAR FALL INSPIRED MAKEUP.



****PIZZA PARTY****

OCT. 21, 2025

COST: FREE to Ctr. Members

Please sign up by OCT. 15TH and
which pizza you would like. We'll
be ordering Personal pizzas.



*** 2025 UPCOMING PARTY DATES ***

NOV 19 Thanksgiving Party

Reservations Due by WED., NOV. 12TH

DEC 10 Christmas Party

Reservations Due by FRI., DEC. 5TH

The **COST** for the parties will be **\$5.00** with the exception for
July and December Parties.